

Suggested Rehearsal Structure

1. Welcome	Arrival, general talk, organisation, etc	10 mins
2. Vocal warm ups	Choose 2 or 3, explaining the purpose (if possible use warm ups that support your teaching of the songs included in your rehearsal)	5 mins
3. Repertoire 1	Teach songs in phrases (break the song down) Vary the way you rehearse the song & the order you rehearse them ie. Start from the halfway point Start from the last phrase & work backwards Clap the word rhythms Speak the words in rhythm - TEXT Sing the vowels only Explain the musical terms and signs used in the piece When singing new phrases encourage the students to look at the music as well as the words and follow the shape of the melody Encourage memory from the outset, getting the music off the page quickly Rehearse as you intend to perform Keep the students moving ... standing, sitting, change direction Pop in a few quick relaxation exercises, shoulder rolls, stretches etc	7 mins
4. Repertoire 2	As above	7 mins
5. Repertoire 3	As above	7 mins
6. Fun song or round	Student choice perhaps?	5 mins
7. Repertoire 4	As above	7 mins
8. Repertoire 5	As above	7 mins
9. Lighter Activity	Whole group activity ie drama game, singing game, or non singing choreography run through.	4 mins
10. Farewell	Administration, reminders, homework, new songs for next week	1 min

**Encourage quick drinks (sips from the water bottle the students bring to the rehearsal)
and remember relaxation and movement breaks,
including some physical stretches and fun / energiser vocal exercises.**

Finish your choir rehearsal on a high!

Aim for the best possible sound – have high expectations.

Insist on concentration at the appropriate times and good rehearsal behaviour.

Create a positive team environment.

Be bright, cheery, light hearted, and ‘full of beans’.

Maintain firm control.

Include physical movement throughout the rehearsal.

Change the activity even if the learning you required was not achieved.

Laughter is the best medicine – Have fun and make choir a blast!!